Welcome Back Mr Gerchow!

Kiara: How does it feel to be back at Goodna State School?

Mr G: I am very pleased to be back at GSS, it’s great to see all the students and their families and all the new students.

Jongkuch: Which school did you enjoy the most during your trip?

Mr G: It was hard, but my favourite was the Torres Straight Island schools. There were 15 islands. Each island had a campus to get from one campus to the other. It took a 15 minute flight, and for the principal, it costs $600.

Kiara: What did you do on your trip away from GSS?

Jongkuch: What school did you most enjoy on your trip?

Mr G: I have been a principal for 10 years in the Ipswich district, so

I decided to have a break. Even though I was on a trip, I learned lots from the schools that I visited. I am hoping to use all that I learned to help improve GSS.

Jongkuch: Which school of GSS to know?

Mr G: Yes, I am going to return to the Torres Straight Island Schools during week 9. But I will return for week 10. I was very lucky to be invited back and feel very happy at the thought of returning to the Torres Straight Island schools.

Kiara: What did you most enjoy on your trip?

Mr G: My favourite part of my journey was travelling to new places, seeing new sites and new cultures.

Kiara: Is there any information that you would like the students of GSS to know?

Jongkuch: Why did you go on your trip around Queensland?

Mr G: I have been a principal for 10 years in the Ipswich district, so

And to all the teachers who are not here at the moment, we miss you and hope you come back to say goodbye before the end of the year.

We are excited in the lead-up to the graduation at the RSL Function Centre on Tuesday 6th December, and would love to see teachers who’ve left Goodna come back to see us there. Keep an eye out for an official invitation as the date draws near. Rest and relax and enjoy the holidays everyone; read a good book just because it’s fun to do!

Mrs Christensen

Editorial

Welcome Back to our second edition of Students’ News Now! I hope you enjoy this issue as much as we enjoyed putting it together for you.

From 14 members to 9.

Here is our new and improved Student Newsletter Committee:

Issabella Jorgensen, Kiara Mulheron, Jongkuch Kur, Joseph Ashley, Taine O’Byrne, Elizabeth Langsni, Kailani Maui, Alexandra Maeli-Siaosi, Lockyer Lologa and our leader, Mrs Christensen.

-Lockyer, editor of Students’ News Now!

Almost time for a break!

Wow! It’s been a busy term 3, with lots of things happening! As we head into a well-earned holiday, Year 6 students are preparing for their final term as primary school students.

The Year 6 teachers and students would all very much like to say a huge thank you to the wonderful Mrs Maybanks and her parent helpers (we know you’re here, working behind the scenes every day to help make the school run smoothly; behind every cake stall and the Mothers and Fathers Day stalls we know you put in hours and hours of hard work to help raise much needed funds to contribute towards the costs of things that are provided for us students—and we’d like to say THANK YOU!!!)

And to all the teachers who are not here at the moment, we miss you and hope you come back to say goodbye before the end of the year.

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Mrs Christensen
School Fete

On Friday 29th July, we had our School Fete. It was a great night full of fun and great performances. The rides were killers and the food stalls were delicious. What made the day even more alive was the Dunk Tank! Mrs Roche was the First, brave staff member to face the Dunk Tank. The performances were a big hit as well. The dance group were on point and the choir sounded like angels. They don’t lie when they say “Goodna’s Got Talent” because Goodna really does have talent. But the winner was Honey who astonished us with her amazing dance talent. A big shout-out to all the participants of Goodna’s Got Talent. The Polynesian Group was marvellous and did a great job. Thanks to our favourite DJ, DJ ZAAM. He lit up the dance floor. And a very big thanks to Mrs Kylie Soe for making the night a wonderful success!

By Lockyer Lologa

UNSW Maths

Goodna State School continues to showcase its talents, winning prizes and accolades from academics and staff alike. Greg Kretschmann, Sessional Lecturer in Mathematics at The University of Queensland came to kick off the maths competition workshops in July, and was even more impressed with the students’ enthusiasm and use of mathematical language and strategies than he was last year (go the problem solving pencil 🖊)! A former Principal of Miss Wilkie’s, Greg is a mathematics enthusiast who got very excited when students mastered the problems he posed. And he was very excited to catch up with Mr Patterson and Mrs Carr as well as Miss Wilkie. Professor Merrilyn Goos, Head School of Education, The University of Education wrote “I’m so thrilled that this went well and the students enjoyed the wonders of mathematics! All power to you and the students who competed!”

A special mention needs to be made of Sage who has so far earned four High Distinctions in the Science, Writing, Digital Technologies and English competitions. No pressure, but we’re keeping our fingers crossed for you to collect another for Maths like you did last year Sage! As Greg would say, "Ka-ching!"

Mrs Christensen

Science Week

On the 17th of August, 2016, Goodna State School had their assembly for Science Week. It was a great parade full of Super Science. We had an awesome opening video telling us how much “Science is Awe-some!” and it really is, thanks to Mr Salmon and Mrs Williams who make it so awesome for us. We had an inspiring lesson on grass by Ian Godwin, a scientist from UQ who also supervised Mrs Williams while she was at university. EVERYTHING is made of grass! Healthy stuff...GRASS! Junk food...GRASS! We all had a great time learning about all the different plants.

Our Science awards were just astonishing! There were so many awards given, it was just amazing. A special mention to Sage, winning a High Distinction. Thank you to all the teachers who helped for the Science Competition and congratulations to all students who participated. Well done! Our 2 Science teachers Mr Salmon and Mrs Williams are such great teachers that David Attenborough even acknowledged their Science Teaching and how he’s thankful for what they do. We are also grateful. Thank you Mr Salmon and Mrs Williams for being wonderful science teachers! In a nutshell, Science Week was breathtaking!

Lockyer Lologa
**What High School are you Going to?**

Kailani, Alex and Elizabeth (3 of our reporters) went around to all the year 6 classes and asked "What High School is Everyone Going to?"

The options we gave were Bellbird Park State Secondary College, Redbank Plains State High School, Woodcrest State College, Westside Christian College, Corinda State High School and Other/Unsure. 32 out of 92 students surveyed will be attending the New School in Bellbird, most probably because it's the catchment zone for Goodna Residents. Surprisingly, 24 will be attending Redbank Plains State High School. Many of us have older siblings who go there so that is probably a reason. Only 4 are going to Westside Christian College, 3 will be attending Corinda and 6 are going to Woodcrest State College. 23 are going to another High School or are still unsure.

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**Stress Tips no.2**

*When you feel stressed... Don't ignore it*

1] Take time out for yourself

2] Avoid excessive caffeine (coffee, coke etc.), soft drinks and other stimulants.

3] Take some time to breathe slowly and deeply

**RELAXXXX**

Try a few drops of aromatic oils in a candle burner. **WARNING:** Never leave a burning candle unattended.

Certain scents stimulate the production in the brain, of the relaxing chemical, serotonin that assists you to chill out

**FRUITS AND VEGES ARE IMPORTANT!**

They are a good source of Vitamin C and have a positive effect on Mental health, helping you to remain calm

**Top 7 ways to beat STRESS**

1. Have organised work
2. Manage your time wisely
3. Prioritise important tasks
4. Break tasks into smaller, achievable chunks
5. Visualise yourself achieving your goal
6. Avoid an "all or nothing" mindset
7. Take time out for yourself.

By Elizabeth Langsriu

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**Electricity Safety Week**

Complete the code to find the safety message.
**Entertainment Zone!**

**Word Mania**

Goodna State School’s Year 6’s participated in a competition called ‘Word Mania.’ Word Mania was a very addictive game. It’s very similar to Boggle. They give you a certain amount of letters and you have to make as many words as possible in a 3 minute race against the clock! There were 3 rounds, Round 1, Round 2 and Finals. On the first Round, it was only 6G and 6C who participated and from the Toowoomba Region to Ipswich we came 4th for participation and skill. We were about 140th on the national leader board. But by round 2, all 4 of the Year 6 classes were participating and we finished second from the Toowoomba Region to Ipswich. On the national leader board, we finished 80th. That’s a big improvement from 140th to 80th. Unfortunately, Goodna didn’t make the finals...But hey! 80th out of all the schools in Australia, that’s a big achievement and a great show of our vocabulary. The Year 6s put in a huge effort for Word Mania. Thanks to the teachers who encouraged us to play. Maybe you guys could take it out next year!

By Lockyer Lologa

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So what’s **Boggle** you ask? Have a go using these letters. Try to make as many words as you can using only the letters provided. Words must be 3 or more letters long and NOT include any proper nouns! Can you get more than 50?! Good luck! Drop your entries in to 6C’s classroom after the holidays to see how you fared!

A S E P
T R D B
I G O O
N M S E

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By Taine O’Brynne