

GOODNA STATE SCHOOL – HEALTHY **HERO** HABITS

TUCKSHOP MENU

| <u>SNACKS</u> | <u>\$</u> | <u>SANDWICHES/WRAPS</u> | <u>\$</u> | <u>DRINKS</u> | <u>\$</u> |
|-------------------|-----------|-------------------------|-----------|---------------------------|------------------|
| Yoghurt cup | 1.50 | Vegemite/Jam | 3.00 | Water | 2.00 |
| Cheese & crackers | 3.00 | Ham & cheese | 3.50/4.00 | Milk popper | 2.00 |
| Watermelon cup | 2.00 | Ham & salad | 5.00/6.00 | Juice popper | 2.00 |
| Fruit cup | 2.00 | Salad | 4.00/5.00 | | |
| Apple slinky | 1.00 | Chicken & salad | 5.00/6.00 | <u>HERO TREATS</u> | <u>\$</u> |
| Assorted muffin | 2.00 | Egg & lettuce | 4.00/5.00 | Zooper Dooper | .50c |
| JJ's | 2.00 | | | Mini calipo | 2.00 |
| Jumpy's | 1.50 | | | Choc paddle pop | 2.00 |
| Snaps | 2.00 | | | Icy twist | 2.00 |
| | | | | Frozen Yoghurt | 2.50 |
| | | | | Cyclone | 2.00 |



HOT FOOD **\$**

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|----------------------|------|
| Sausage roll | 3.50 |
| Pie | 4.00 |
| Gems & gravy | 4.50 |
| Chicken nuggets | 4.00 |
| Cup of noodles | 4.00 |
| Chicken & gravy roll | 5.00 |
| Lasagne | 4.00 |
| Mac & cheese | 4.00 |
| Twista Pasta | 4.00 |
| Fried Rice (GF) | 4.00 |
| Lasagne (GF) | 5.00 |

THOR PACK \$5.00

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| Ham & cheese s/w |
| Apple slinky |
| Popper |

CAPTAIN AMERICA \$7.00

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| Chicken nuggets |
| Watermelon cup |
| Popper |

BIRTHDAY PACK \$8.00

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| Sausage Roll or Chicken nuggets |
| Apple slinky |
| Popper and Cupcake |

SUPERMAN PACK \$6.00

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| Sausage Roll |
| Apple slinky |
| Popper |

WONDER WOMAN \$7.00

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| Lasagne or Mac & cheese |
| Watermelon cup |
| Popper |

CLASS BIRTHDAY CUPCAKES

\$1.50 PER CUPCAKE

(MUST BE ORDERED 1 WEEK IN ADVANCE)

TUCKSHOP IS AVAILABLE MONDAY-FRIDAY 8AM TILL 2:30PM FOR PREP TO YEAR 6

ORDERS MUST BE PLACED BEFORE 9AM – LATE ORDERS WILL NOT BE ACCEPTED